Small Cell Lung Cancer and RT.

Hasan Murshed

Case presentation

- 75 yom
- 11/02
 - Dyspnea on exertion x6 wks
 - wt. Loss 15 lbs, no cough/hemoptysis/CP/bone pain
 - CXR + mass in rt lung.
 - CT chest RUL spiculated density/rt paratracheal/rt hilar/subcarinal LN.



• CT chest on .

Case presentation

• 11/02

- bronch showed
- bx + small cell lung cancer.

• 11/02

- CT brain -, BS -, BM -.



Past – non contributary

• Family – father/uncle with lung cancer

Social – 66 py smoke, quit 25 yrs.

Case presentation

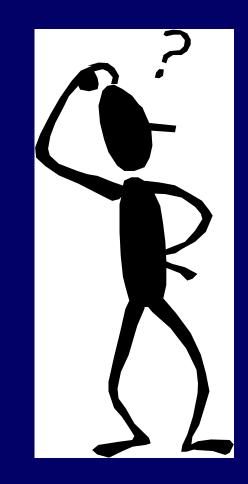
- P/E
- LN no adenopathy
- Lungs min decreased BS at the rt base
- Heart RRR
- Abd soft, no tenderness/organomegaly
- Ext no clubbing/nontender
- Neuro AAO x3, no motor/sensory deficiency.



<u>Diagnosis</u>

• RUL limited stage small cell lung cancer.

Questions



- Prognosis of this LSSCLC pt.
- Management of this pt.

Turrisi et al ECOG 1999

- 417 pts with limited stage dz, FEV1 > 1 liter.
- pts were randomized to receive
 - RT 180 cGy QD to 45 Gy over 5 wks vs 150 cGy BID to 45 Gy over three wks.
 - Pts CR received PCI 250 cGy to 25 Gy.
 - Cord dose was kept at 36 Gy in BID arm.
- All pts received concurrent chemo with CDDP 60 mg/m2 on d1, etoposide 120 mg/m2 on d1-3 q 3 wks x4 cycle.



<u>Results at 5 yrs</u>

MS LF 5 yr OS esop/gr 3 CT+QD RT 19 52 16 11 CT+BID RT 23 36 26ss 27



Conclusions

Four cycles of CDDP+etoposide and a course of BID RT 45 Gy beginning with cycle one of chemo resulted in improved survival rates in pts with limited stage SCLC.

Auperin et al Metaanalysis 1999

- 987 pts with SCLC in CR from 7 trials that randomized PCI vs no PCI were analyzed.
- <u>Results at 3 yrs</u>

		Brain	other	DFS OS
No PCI		59	46	19 16
PCI	33	41	28	21 ss
Absolute diff	-25	-4	+9	+6



Conclusions

- Prophylactic PCI improves both DFS and OS in pts with SCLC in CR/PR.
 - Note: PCI should not be given on days that chemo is given.

Treatment at MDA

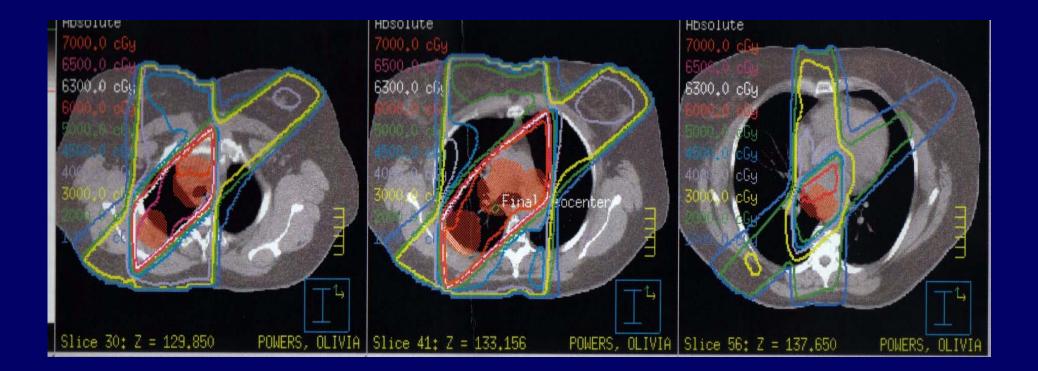
- 11/20 supine, arms above head, vacloc/wing board
- 11/02 started concurrent chemoRT.
- RT given accelerated hyperfractionated
- 3D CRT, dose 150 cGy BID to 45 Gy,
- $GTV = primary+LN \ge 1 \text{ cm}, CTV = GTV+1.5-2 \text{ mm}, PTV = CTV+8-12 \text{ mm}.$
- Cord = 38 Gy, esophagus = 1/3 to 54 Gy, heart = 1/3 to 55 Gy, total lung \geq 20 Gy to \leq 40% volume.

- Concurrent chemo Etoposide/Carboplatin q3wks x4 cy
 - Etoposide 100mg/m2
 - Carboplatin AUC 5.
- 12/19/02 RT completed, during therapy gr 2 nausea, gr 2 esophagitis, treated with compazine and hydrocodone.
- 12/30/02 last f/u complains of fatigue, hem 9.9, ANC 804. Restart Neupogen, RTC 1/27/03 with CT chest.

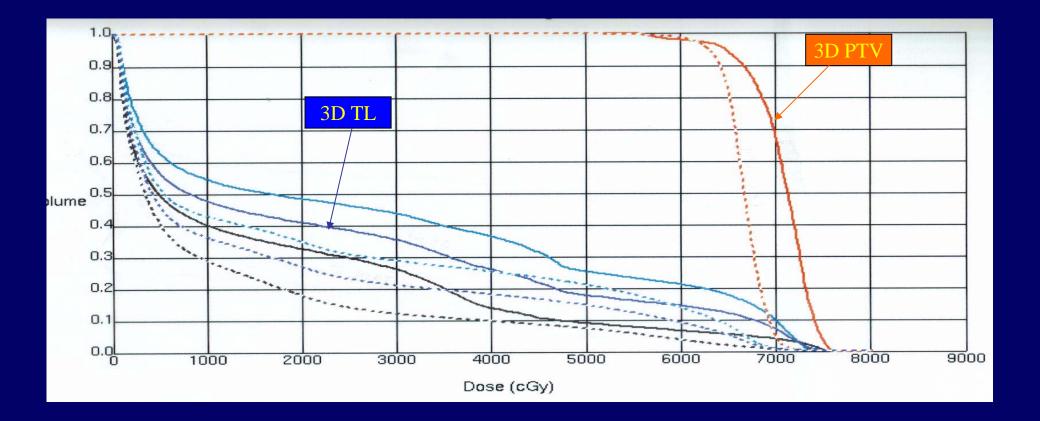


- 12/30/02 last f/u complains of fatigue, hem 9.9, ANC 804. Restart Neupogen, RTC 1/27/03 with CT chest.
- Plan to prophylactic cranial irradiation
 - 250 cGy to 25 Gy.

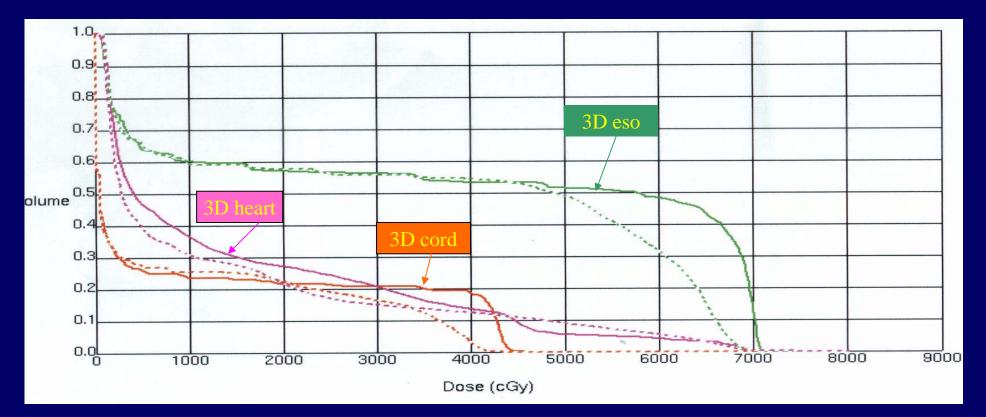
• 3D isodose plots



• 3D DVH



• 3D DVH



Conclusions

 Accelerated hyperfractionated RT given concurrently and early with chemotherapy improves OS for SCLC pts.







 SCLC pts with CR/PR improves OS with PCI.



Future/RTOG L0117